



Your Benefits

Summer 2026



Important end-of-school-year benefit reminders

Looking for end-of-school-year benefit information? Check out key benefit reminders to help avoid coverage disruptions over the summer.

[Read more](#)

Navigating your dental visit

Get prepared for your dental appointment. Explore helpful resources - including video tutorials – to help you feel confident for your visit.

[Learn more](#)



Benefit reminders

- **New!** Access the Starling Minds Women's Health Training Module for perimenopause and menopause support: otipraeo.starlingminds.com.
- For long-term occasional teachers (LTOs) and long-term assignment education workers (LTAs), **coverage ends on your last day of work.**
- **This fall, your newsletter is getting a fresh new look.** Keep an eye on your inbox!

Planning a summer trip?

Before you go, take a moment to review your [travel coverage](#) for peace of mind. Some emergency travel phone numbers have also changed.

To view or download your digital benefits card with updated phone numbers:

1. Go to member.otip.com and log in to My Member Account.
2. Under **My Group Benefits**, click **View plan**.
3. Click **View/download your benefits card**.

You can also refer to your [benefits booklet](#) for travel coverage details.



Celebrate the end of the school year with a bonus offer

For the month of **June**, receive a **\$30 gift card** of your choice when you get a car, home or leisure insurance quote.



Get a quote



Lifelong protection made easy.

Flexible retiree health, dental and travel insurance plans, with coverage that evolves with you.



Learn more

Have questions? Log in to My Member Account at member.otip.com to contact us or visit our [Help centre](#) to find answers to your questions.

For important notices and ELHT announcements, check your [OSSTF ELHT website](#).

Plan administered by OTIP



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NOTE: Not all benefit claims are eligible under your ELHT benefits plan. Claim reimbursements are subject to all terms, conditions, and exclusions of your ELHT benefits plan at the time of service.